



Poulsbo Lodge

18891 Front St  
Poulsbo, WA  
(360) 779-5209



www.poulsbosonsofnorway.com

**This Month**

**2020 Coming Events**

**July**

- 12- Border Fest - Canceled
- 18 – Dist 2 Steak Fry & Horseshoe Tournament

**August**

- TBD – Heritage Camp
- 1- D2 Golf Tournament
- 14-16 – Folkedans Stemne - Canceled

**September**

- TBD- Oktoberfest

**October**

- 24 - 125<sup>th</sup> Anniversary Prime Rib Dinner
- TBD– Halloween party

**November**

- 15 – Wedding Open House
- TBD - Lodge Decorating

**December**

- 5 – Christmas Bazaar and Julefest
- 6 – Breakfast with Santa
- TBD – Youth Lucia Party
- TBD – Members' Christmas Dinner
- TBD – Christmas Kaffe Stua

**2020 Board Members**

- President Sherry White
- Vice President Rob Kodalen
- Secretary Laura McDonough
- Assistant Secretary – Gail Riklin
- Treasurer Jerry Block
- Counselor Paul Anunson
- Membership Secretary Mary Gerstel
- Social Director Brian Smith & Tracie Ward
- Cultural Director Darle Towne
- Youth Director Stephanie Doornink
- Sports Director Colin & Ingunn Kuester
- Publicity Tania Garberg and Lizbeth Doving
- Foundation Director Joanne Graves
- Auditors David Rice, Lavonne Block, Amy Swenson
- Trustees Rhonda Mitchusson, Donna Kodalen, Karen Zabinski
- Historian – Gayle Thomas
- Marshal – Alisha Anunson
- Assistant Marshal Tony Smallbeck
- Greeter 1 Dawn Desalvo
- Greeter 2 Kristin Holt
- Musician Kathy Haug,
- Editor Joanne Graves

**President’s Message**

Happy July to All!

The other day I was in a meeting in the Viking Room and I was suddenly reminded of what is so wonderful about our lodge—it’s the people. The Trolls’ Den, open under Phase 2, was alive with members and the laughter and camaraderie were contagious and uplifting. I realized how much I have missed the sounds of our members coming together. As we traverse the COVID-19 challenge, one thing is clear to me. We are strong and resilient and soon we will come together to enjoy our lodge. If you’ve visited the Trolls’ Den, you’ve seen the terrific changes made to the bar by the bartenders and custodian. When the lodge reopens you’ll see the incredible job of proposing, planning, cleaning, clearing, consolidating, building, moving, painting, repurposing, selling, buying, incorporating, all of the busy “ings”-- inside and out that have been accomplished by the Lodge Update Committee (LUC). The LUC is an extraordinary group whose love of the lodge is reflected in the work they have done. There are truly not enough words or ways to properly thank these dedicated lodge members. Wouldn’t it be great if we could get the lodge reopened to welcome summer! Remember, when we do reopen-- It’s a NEW DAWN, a NEW DAY, a NEW LIFE, Fred være med deg til neste måned  
Sherry

**Kubb Tournament**

Come join us at the District 2 Horseshoe and Kubb Championships, and steak fry, on July 18 at Trollhaugen, lodging available as well (See details on later page).

Kubb, Scandinavia’s version of horseshoes, has been called the perfect summer game.

It’s great for all ages and is played by two teams of 2 or more players. The teams battle to first knock over the opposing team’s 5 wooden blocks by throwing wooden dowels across the field. The middle of the field is ruled by the “king” which is to be knocked down last, and only last, similar to the 8-ball in billiards."



Måken Identification Statement

Volume 104, Issue 7

Måken is a newsletter of the Poulsbo Lodge No 44 of the Sons of Norway, a non-profit organization located at 18891 Front St, Poulsbo, WA 98370. Published monthly. The newsletter is sent to all members of the Poulsbo Lodge at no additional cost. Each issue has a circulation of 1,000.

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July | juli



### Norway's Booming Surf Scene

Surfing is classically associated with tropical islands and sunny California, but recently an unlikely new hotspot has emerged: the frigid waters of northern Norway. As wetsuit insulation technology has advanced over the past decade, it has opened up new possibilities for thrill-seeking surfers to revel in the icy waves and rugged beauty of the Norwegian Sea.

In years past, early Nordic surfers improvised their own protection from the cold by soaking wool sweaters in oil and duct-taping rain gear and dishwashing gloves to their bodies. They also coated their skin in petroleum jelly for added insulation from the cold water. By contrast, today's modern wet suits are warm, flexible and lightweight, offering a completely different experience—some even include battery-powered heaters.

More than 100 miles above the Arctic Circle, Norway's Lofoten Islands are home to the world's northernmost surf competition. Elsewhere in Norway, a growing number of enthusiasts—including Norway's royal family—are braving the chill to catch waves beneath the northern lights or midday sun.

### The Royal Palace Buried Treasure

During World War II, the Norwegian royal family hastily abandoned the royal palace as Hitler's army began its invasion of Norway. Although the family managed to flee to safety, they left behind many precious belongings, including the royal jewels.



Two years later, a Nazi collaborator named Vidkun Quisling took great interest in the royal palace and the abandoned treasures inside. However, upon entering the castle, he discovered the valuables were missing.

Fortunately, Carl Otto Løvenskiold, head of the royal court, had decided to safeguard the royal jewelry when the monarchs fled. In the middle of an April night, he went to the palace and packed the jewels into five large suitcases. He took them to his family's cabin, deep in the forest near Oslo, and buried them under the woodshed. The jewels remained hidden there for five years.

When the war ended in 1945, Løvenskiold returned the royal jewelry back to the palace. His efforts earned him The Royal St. Olav's Order and a personal thank-you letter from the king.

### Artifacts Reveal Ancient Viking Route

The Jotunheim Mountains, about 200 miles northwest of Oslo, contain a stretch of land known as the Lendbreen ice patch. During the warm summer of 2011, archeologists began unearthing long-buried artifacts under the melting ice.



One of the first discoveries was the oldest piece of clothing ever found in Norway: a 1,700-year-old tunic. This led to many more explorations of the site, eventually resulting in the discovery of over 1,000 artifacts, including horseshoes, clothing and leather shoes, as archeologists meticulously worked through an area the size of 35 football fields.

Experts have determined that this stretch of land was used as a travel route during the Roman age, from about 300 AD until the Middle Ages. Peak use occurred during the Viking era, around 1000 AD, as it provided a key trading route between Scandinavia and the rest of Europe.

So far, no other ice patch in the world has yielded more archeological finds. But as ice continues to melt higher in the mountains, archeologists anticipate more significant discoveries akin to the Lendbreen ice patch.



## July | juli

### Fish on the grill

<https://www.food.com/recipe/grilled-fish-in-foil-6919>

Serves: 4

#### Ingredients

1 lb. fish fillet (fresh or frozen)  
2 Tbsp. margarine or butter  
1/4 cup lemon juice  
1 Tbsp. parsley, chopped  
1 tsp. dill  
1 tsp. salt  
1/4 tsp. pepper  
paprika  
1 medium onion, thinly sliced



#### Recipe

- On 4 large buttered squares of heavy-duty aluminum foil, place equal amounts of fish.
- In small saucepan, melt margarine; add lemon juice, parsley, dill, salt and pepper.
- Pour equal amounts over fish.
- Sprinkle with paprika; top with onion slices.
- Wrap foil securely around fish, leaving space for fish to expand.
- Grill 5 to 7 minutes on each side or until fish flakes with fork.
- Refrigerate leftovers.



### SAVE THE DATE: International Day of Friendship is July 30

Celebrate your lodge friendships with a cheery call or card. PLUS: make an extra call or two and invite friends to join Sons of Norway. No matter where they live, it's easy for them to join online at [sofn.com](http://sofn.com). Let's work together to help our Sons of Norway family grow in 2020!



### Do You Have Retirement Insurance?

Insurance helps replace a financial loss when the unexpected happens. Life insurance helps us make ends meet when we lose a loved one, but what about when the market takes an unexpected downturn?

Annuities can be viewed as a kind of retirement insurance—they offer the stability and predictability of income you can always count on. Call your Sons of Norway Insurance Professional today to find out how you can add a safety net to your retirement plan.

### Lodge Wedding Open House:

**Sunday, November 15**

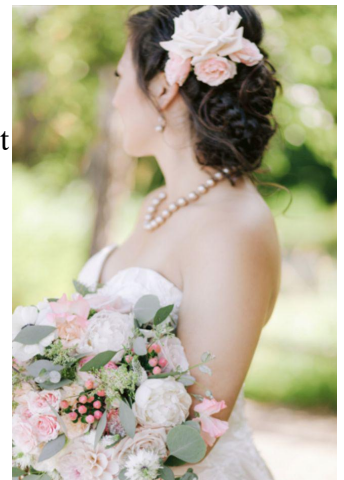
Attending our open house at the lodge is one of the best ways for you and your friends to get a feel for our rooms as your potential wedding or event venue. Local event specialists, as well as representatives from our lodge, will display samples of their services.

Take your time exploring and asking questions as needed!

Flowers will be featured by Diamond Custom Floral.

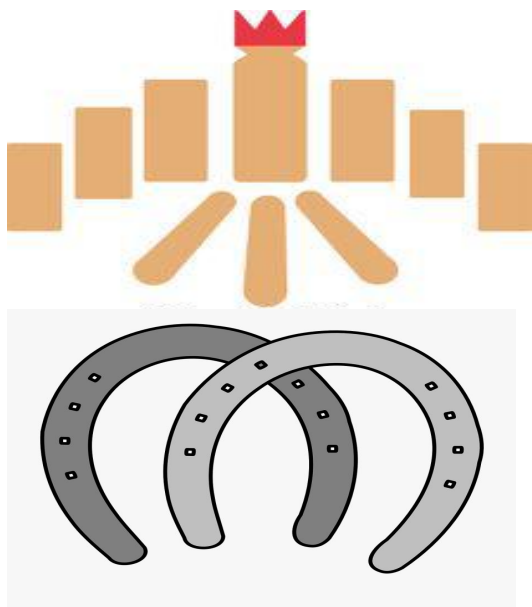
[www.diamondcustomfloral.com](http://www.diamondcustomfloral.com)

Details regarding this open-to-the-public event will be forthcoming.



# DISTRICT 2

## HORSESHOE/KUBB TOURNAMENT



### Game on!

Yes, you read that right! Join us for a low stakes tournament that will take place the morning of the Annual Trollhaugen Steak Fry.

Registration Starts at 9:30 AM

Tournament Starts at 10:00 AM

Donation of \$5 is requested for snacks.

*If you have any questions about this event, please contact Laurie Berg: [laurieberg.lb@gmail.com](mailto:laurieberg.lb@gmail.com)*

To get your tickets to the Steak Fry, please contact:

Bill Hicks: (425) 672-0194

[Hicks1015@msn.com](mailto:Hicks1015@msn.com)

If you would like to stay for a night or the whole weekend, please contact the Trollhaugen Managers (509) 656-9997

[Trollhau@outlook.com](mailto:Trollhau@outlook.com)

## July 18, 2020 Trollhaugen Lodge

Heading East on I-90 take Exit # 62 onto Stampede Pass Road.

Turn right at stop and continue for approx.1 mile. Driveway is on the left.

Address: 314 Stampede Pass Road

Easton, WA 98925

# DISTRICT 2

# GOLF

# TOURNAMENT

## 1ST OF AUGUST 2020



## LEAVENWORTH GOLF CLUB

9375, 9101 Icicle Rd, Leavenworth, WA 98826

### ALL AGES EVENT FOR MEMBERS ONLY

Advance Tickets

\$95 per player, including lunch and banquet.

\$25 per guest's banquet plate.

### LODGING

Contact Hampton Inn & Suites Leavenworth:

509-470-9798

Mention Sons of Norway District 2 for special rates.

Deadline for reservations is the 5th of July.

### CONTACT

Gail Engler

206-706-2703

Email: [englergail32@gmail.com](mailto:englergail32@gmail.com)

Please fill out and return registration form on second page to:

Leif Erikson Lodge

ATTN: District 2 Golf Tournament

2245 NW 57th St.

Seattle, WA 98107

Return registration form with a check made payable to

Leif Erikson Lodge.