



This Month

Friday Night Dinner

Volunteers needed-Can you help on a dinner crew?
Contact Vicky in the office @360-779-5209

February

- 1 – Chicken Fried Stead with Rhonda's crew
- 8 – Baked Fish with the VFW
- 15 – Valentine dinner
- 22 – Pork roast with David's crew

Superbowl Party

Saturday, February 3, kick off at 3:30. Bring a dish to share and come watch the commercials with us!

Valisblot Bon Fire

Saturday, Feb 9 at 4:00pm, join our Vikings as they light the bon fire at Waterfront park and learn more about this new viking tradition.

District 2 and International Scholarships

The Sons of Norway Foundation awards 25 scholarships to promising students each year. The programs promote cultural exchange and support higher education to help students follow their dreams. Although application deadlines vary from Jan. 15 to March 1, 2018, it is not too early to think about applying for support for the 2019-2020 school year. [Learn more](#) and [apply for scholarships](#) offered in 2019 through the Foundation funds. Read the [news release](#) for more information.

Leif Erikson Lodge Scholarship applications are also on line at <https://www.leiferiksonlodge.org/scholarships>. Applications are due March 29.



Sports Medals

Start the new year right by tracking your walking, swimming, and other sports and earns sports medals! Help us beat Leif Erickson Lodge!. /see our webpage for details: <http://www.poulsbosonsofnorway.com/>

Around the District

March 9- Heritage Day, Bothell Sons of Norway

2019 Coming Events

February

2 – Trollhaugen Ski Races

March

April

20 – Viking's Easter Egg Hunt

May

14 – Lodge Memorial Service

18-19 -Viking Fest

June

TBA -Midsommer

TBA – Heritage Camp

July

6- Border Fest

August

TBA – Folk Dans Stemne

September

TBA- Heritage Retreat

Volunteer!

Stay in the loop regarding volunteer opportunities at the lodge. We are always looking for help with Friday Night Dinners, Serving/Dishing/Etc for special events, Host/Security opportunities, along with Rotary Breakfast and more. If you have a trade skill, our building association group would like to chat with you. Email Michelle Meng at poulsbo244@gmail.com with your name and contact info to be added to the distribution list.

Volunteerism is a critical part in running our Fraternity. We wouldn't be able to keep our doors open without the gift of time given by our members. Thank you all!!

District Two Youth Camps

Applications forms for district two youth camps are on line now. Some camps fill up early so get your applications in now! These two week Norwegian language camps are a great way to introduce your children and grandchildren to Norwegian Heritage. <https://www.sofncamps.com/>

Food Drive

Fishline reported that we donated 772 pounds of food from our food drive! This includes all of the food donated to the bin in the Troll's Den, and the food donated at the three bins that were at the three shops in town that participated. We had a bin at Poulsbo Mercantile, Paperquirks and Away with Words. Thank you everyone!

President's Message

It's a new year at our Sons of Norway and many activities are going on. Is this the year for your family to get more involved in the lodge? I hope so! If you don't know where to start or what is right for you, let me know or contact our fabelaktig volunteer coordinator Michelle Meng at poulsbo244@gmail.com and know what is available to you.

Have you had a Friday night dinner at the lodge? It is one of the more popular events and a good way to connect with other members. All dinners are prepared and served by volunteers for the enjoyment and betterment of the lodge. Do me a favor and thank the crew next time you are at the Trolls Den on a Friday (even if it's not perfect) because they made our week a little better with their service. If you are interested in helping prepare dinner, contact the office (360)779-5209 to leave a message for Maggie Gresham, this year's Friday night dinner coordinator. Tussen tak!

This is my first article for the Maaken as your new president and I am excited to get going! I think I am excited, because YOU are excited. It will be a great year! The new board was installed on January 8th and many of you showed up to witness it, including eight former lodge presidents! I hope you will attend the lodge meetings on the second Tuesday of the month at 7 pm (except July and August) to be informed and see how the business of the lodge is conducted. Every meeting will have an interesting and informative cultural presentation with refreshments. I'm sure you will discover what makes Sons of Norway unique and special!
Fred vaere med deg,
Paul Anunson

Ladies Club News

Godt ntt ar, Happy New year to all the ladies of our lodge. This year year I am looking forward to focusing on the true meaning of, (koselig) "cozy", (kjaerlighet) "love", and (soster) "sisterhood." If you are not yet a member of our ladies club, let me invite you to come check us out! Learn how to get your food handlers permit so you can enjoy helping in the kitchen for events, dinners, or Kaffe stua (our Norwegian luncheon), open to the public every Wednesday, or join our prep parties and learn how to make Lefska or krumkake . come share your talents and skills at Viking Fest, Sommer Fest, Yule Fest or Christmas. So many opportunities. Ladies club meets the first Thursday of every month @ 2:00, @ the lodge, (time and date subject to change to meet the needs of our members).we enjoy a light meal, potluck and lots of fun!!! Don t miss out on this wonderful way to get involved and have fun. Feel free to call me with any ideas or suggestions . See you there. Lori Hill, Ladies CubPresident, 2019.

Dancing

Leikarringen youth dancers Monday at 4:30 Spaces are still available.

Adult Folk Dancing

Beginning class continues through March 11. Each class is tailored to those who attend, starting with beginning dances and transitioning to requests about 8:15. come dance with us.. Live music dance party February 18 . Call Julie Buckel at (360)394-9698 or Suzanna (484)794-2405 for information.

Language Lessons

Norwegian 101: An introductory language and cultural class. Topics will range from greetings, family, food, and activities. Scandinavian treats are regularly brought to the class. If you would like to learn more about the class, contact Darle Towne at dtowne012@hotmail.com
Norwegian Support classes Thursday, from 1-2:30 pm. The class is for Intermediate and advanced students. Please bring a Norwegian Dictionary.

Norwegian Men's Chorus

Thursday evenings at 7:30 pm. Learning new music for Sangerfest, now is a good time to join us! Contact Kathy Haug 360-297-0791 for information.

Woodcarving

North Kitsap Woodcarvers Guild meets Thursdays in the Norse Room from 6-8 pm. All levels of expertise welcome. For info, call Jeff Iller at 698-7175.

Nordic Needleworkers

Instruction in Hardangar embroidery and help in other handwork is available.
Fridays 10-1 pm. Call Virginia for info. (360) 633-2499

Ladies Book Club February 19 at Liberty Bay Books. This month's book is "The Half Drowned King" by Linnea Hartsuyker

Library

The library is open during lodge meetings, the first Wednesday of each month from 11-2, and Mondays when Leikarringen meets from 4-7. The book list is on the website here: www.poulsbosonsofnorway.com

Vikings

Potluck dinner meeting the first Thursday of the month at 7:00

Are you still getting the maaken in the mail? Sign up for the digital maaken in full color emailed to your inbox. Call Vicky in the Office 779-5209



2019 Board Members

President Paul Anunaon
Vice President Mike Dudley,
Secretary Barb Mitchusson,
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Cultural Directors Darle Towne
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Karen Zabinski
Historian Christina Webster
Marshall Alisha Anunson
Assistant Marshall Andrea Warner
Greeter 1 Susan Brionez,
Greeter 2 Judy Hastings
Musician Kathy Haug,
Counselor Jim Hastings
Editor Joanne Graves



Oslo Plans to go Carbon Neutral by 2030

Norway has plans to stop the sales of gas and diesel-fueled cars in the next four years, and the city of Oslo is working toward an ambitious goal of being carbon neutral by 2030. Here are a few of the initiatives currently underway in Oslo that will help the city meet its impressive goal.

Since transportation makes up the largest part of the city's carbon footprint, Oslo is promoting electric cars by creating new "low-emissions zones" where only electric cars can drive. The city is also removing parking spaces to add 40 miles of bike lanes. To promote biking even more, the city is providing grants for electric cargo bikes.

Businesses are also working diligently to support this initiative. Construction companies are purchasing new electric-powered equipment, and will have to comply with a zero emissions standard for new building construction sites. A computer data center in Oslo pumps heat from servers into a heating system that heats approximately 5,000 apartments in the city. A newly built office space is encouraging their employees to go carbon neutral by including space for 500 bikes and 10 electric car charging stations.

If all goes according to plan, Oslo will be leading the way for other cities striving toward a carbon-neutral environment.

Trailblazer was Known for Preserving Svalbard's Nature

Norwegian botanist Hanna Resvoll-Holmsen (1873 –1943) is known for paving the way for women in both academia and polar research. Often working alone, Hanna would take expeditions to Svalbard to study the archipelago and its historic sites and fossils. She crossed glaciers, climbed mountains and walked miles of shoreline to document arctic plants and fossils. Her efforts to preserve nature in Svalbard is why she is recognized as Norway's first nature and environmental conservationist.



Photo credit: Norsk Folkemuseum

Hanna was independent, resourceful, passionate and continuously pushed boundaries. She became the first woman to attain a doctoral degree in botany in Norway and the first female lecturer in phytogeography (the study of the geographical distribution of plants). She was also an accomplished photographer, and the first to capture Svalbard's plants in color.

Hanna was truly a pioneer for women of her time. As such, she was recently honored through art by Anne-Karin Furunes, displayed at the Fram Centre, Tromsø.

A Heartwarming, Sweet Treat

In Norway heart-shaped vafler (waffles) are served for dessert or as a treat. Why not make them for your loved ones this Valentines day or any time soon?



February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10-1- Nordic Needle workers 6:00 – Dinner – chicken fried steak	2
3 Pancake Breakfast 8:45 – 11:00 Super Bowl Party, Kick off at 3:30	4 4:30 Leikarringen 7:00 Beg Folk Dance	5 6:00 Board Meeting	6 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	7 1:00 – Language group 2:00 – Ladies Club 6:00 -Trivia 6:00 -Woodcarving 7:00 - Vikings 7:30 V. S. Mannskor	8 10-1- Nordic Needle workers 6:00 – Dinner – VFW fish fry	9 4:00- Valisblot bon Fire
10	11 4:30 Leikarringen 7:00 Beg Folk Dance	12 7:00 – lodge mtg	13 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	14 1:00 – Language group 6:00 -Trivia 6:00-Woodcarving 7:30 V. S. Mannskor	15 10-1- Nordic Needle workers 6:00 – Dinner	16
17	18 4:30 Leikarringen 7:00 Third Monday dance party	19 1:00pm -Ladies Book Club	20 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	21 1:00- Language group 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	22 10-1- Nordic Needle workers 6:00 – Dinner – pork roast	23
24	25 4:30 Leikarringen 7:00 Beg Folk Dance	26	27 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	28 :00 – Language group 6:00 -Trivia 6:00 -Woodcarving 7:30 V. S. Mannskor	1	2
3 Pancake Breakfast						

Weather Closing- When North Kitsap Schools are closed due to weather, the lodge is closed.



Like us on Facebook for the latest information and pictures of lodge events.

No Losses or Fees

As you know, the Sons of Norway is a financial institution as well as a fraternal organization. You may not know, however, who owns this financial institution. If you own Sons of Norway financial products ***you are also owners in the company***. We have no need to satisfy stockholders, instead we cater to our client's financial needs. *None of our contract holders experienced losses nor do they pay any fees!*

Given the current unstable nature of the stock market, you may want to look at the no fee guaranteed annuities available to our members. All of our major stock indexes experienced losses in 2018 —our contract holders experienced gains.

Don't you think it's time to let us show you what financial products are available through the Sons of Norway? You have nothing to lose, but much to gain. Please feel free to contact either of us with any questions you may have.

Alisha Anunson

contact your Financial Benefits Counselors

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