



July 2010

Volume 94 Issue No. 7



July 3th – Fireworks on the Fjord
July 4th – Independence Day
July 11th – Camp Nidaros
July 25th – Camp Normanna

**Fireworks on the Fjord!
Come on down for the Grillfest
on the lodge deck. Bring some
meat to grill and stay to watch
the fireworks over Liberty Bay.
It will be a fun evening for
everyone!**

President's Message

Jeg overveie Sommeren har endelig kommet! (I think summer has finally arrived!)

At our June Lodge meeting, we elected 18 new members to our lodge. This is the largest group we have elected during my term as President, and I am very encouraged by both the number, and the caliber of our new members. They represent a very nice cross section of our community and have diverse interests in our lodge. We sincerely welcome all of them, and hope they will become active contributors to our continuing success by volunteering to help out with the many activities here at the Sons of Norway.

At the District 2 convention in late May, your lodge was awarded the Family Lodge of the Year Award. This award *"honors outstanding lodges that improve family participation and involvement."* Not at all coincidentally, our own Leikarringen dancers performed at the convention and received a tremendous ovation for their performance. These outstanding young people represent the future of the Sons of Norway and are tremendous ambassadors for your lodge. Congratulations to all of them!

July brings *Fireworks on the Fjord*, Poulsbo's own Independence Day celebration on July 3. What better place to enjoy the daylong show than at your lodge? Front row seating is available! We will be having a "Grillfest" that day from 5 to 7 PM. Bring something to put on the grill, and the lodge will provide the side dishes for \$5. Later in the month, we will be trying something new with a "Beach Party" on July 23rd. This event will include a Seafood Dinner and a dance band. Details are elsewhere in your Måken. Summer is a great time to belong to the Sons of Norway!

Looking farther forward, at our meeting on August 10th, we will elect a nominating committee to propose a slate of officers to serve the lodge next year. Our constitution requires presentation of the slate at our October meeting and elections in November. We'd like to give the nominating committee a couple of months to put together a complete slate of officers for next year, so we elect them in August. Please consider serving on this committee. Also, I ask that you consider serving on the board of directors next year. There are a number of officers that have indicated a desire to step down from their current posts at the end of their terms (including your President). If you are willing to serve as an officer next year, please contact the nominating committee, or let me know.

I hope to see you around the lodge! Until then...

Ha det bra!

Skip

Lodge office number is: 360-779-5209
Lodge Fax number is: 360-779-5223
Trolls Den number is: 360-779-2384

POULSBO SONS OF NORWAY LODGE #2-44

June 2010 Lodge Meeting Highlights

- The Trolls Den Advisory Committee has a new member in Kristin Holt.
- Ingvar Carlson was elected to the empty seat on the Building Association.
- New and reinstated members included: Chris Brooks, Ray and Liz Bertsch, Mark Cooper, Scott Shannon, John Schwind, Pam and Steve Roth, Christopher Sanchez, Tom and Judy Lucas, Andrew Bohnsack, Mary Skinner, Pete DeBoer, Tami Hoenig, Duncan Forbes, Arlene Xenos, Gordon Nicoll and Kevin Mister.
- Social Director Heidi King and Lodge Treasurer Priscilla Callaham tendered their resignations from the board.
- The Leikarringen dancers will have a special dance in the Marine Room in July and Vicky Spray and Mike Paterson have volunteered to cook the dinner for them.
- Delegates reported on the District 2 convention.
- Bob Loveland will represent the lodge at the biweekly City of Poulsbo Parking Advisory Committee meetings.
- Counselor David Rice made a plea for additional volunteers to help with Friday night dinners.
- At the request of Bar Manager Doug Stuart, the board passed a motion to open the bar on Mondays for the months of June, July and August.
- Jeff Bauman gave a presentation on the parking issues be discussed by the city's Parking Advisory Committee

Thought for the Day

"Life should not be a journey to the grave with the intention of arriving safely in an attractive and well preserved body. But rather to skid in sideways chocolate in hand, body thoroughly used up, totally worn out and screaming 'WOO-HOO what a ride!'"

J U L Y

2 0 1 0

Aug
2010

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Måken articles due by the 15 th				1 Wood-carving Support 6:-9:00pm Vestre Sund Mannskor 7:30-9 pm Vikings Wii Bowling	2 Nordic Needleworkers 10 to 1 pm Dinner - 6 to 8 pm	3 Fireworks on the Fjord-- Grillfest on the deck 
4 Independence Day!!! 	5 Movie: "The Jerk" With Steve Martin	6 7:00 Board Meeting 5:00 to 7:00 Dinner: Check with John Emrick or the lodge office for specials	7 Kaffe Stua 11am-1 pm BINGO 6:00 pm	8 Wood-carving Support 6:-9:00pm Vestre Sund Mannskor 7:30-9 pm Wii Bowling 	9 Nordic Needleworkers 10 to 1 pm Weatherford Crew Dinner – steak & halibut 6 to 8 pm	10
11 Camp Nidaros begins Burgers on the Deck	12 Movie: "Blazing Saddles" with Mel Brooks	13 7:30 Lodge Meeting 5:00 to 7:00 Dinner: Snack Bar menu with specials Library open before & after the lodge meeting	14 Kaffe Stua 11am-1 pm BINGO 6:00 pm	15 Wood-carving Support 6:-9:00pm Vestre Sund Mannskor 7:30-9 pm Wii Bowling	16 Nordic Needleworkers 10 to 1 pm Walsh Crew dinner- 6 to 8 pm	17
18 Burgers on the Deck	19 Movie: "Uncle Buck" with John Candy	20 5:00 to 7:00 Dinner: Snack Bar menu with specials Women's Book Discussion 7:00 pm	21 Kaffe Stua 11 am to 1 pm BINGO 6:00 pm Barstool Bingo	22 Wood-carving Support 6:-9:00pm Vestre Sund Mannskor 7:30-9 pm Wii Bowling	23 Nordic Needleworkers 10 to 1 pm Seafood Dinner Beach Party dinner-6 to 8 pm with live music	24
25 Camp Normanna begins Burgers on the Deck	26 Movie: Rodney Dangerfield in "Caddyshack?"	27 5:00 to 7:00 Dinner: Snack Bar menu with specials	28 Kaffe Stua 11am-1 pm BINGO 6:00 pm	29 Feast of St. Olaf Olsok St. Olav's Day (the day he died)	30 Nordic Needleworkers 10 to 1 pm Overby Crew dinner-steak & halibut- 6 to 8 pm	31
1	2	3	4	5	6	7

To Help with Tuesday Night Dinners please call Kristin Holt @ 206-245-9304. More Crews/Volunteers are needed for Friday Night Dinners, contact Dave Rice, 697-9832. **For various reasons, menus and/or the cost of meals may vary from time to time from what is shown on the calendar. Call the lodge office or Trolls Den for the most current information regarding meals.**

MEMBER COMMENTS

From the Desk of Your Editor:

Independence Day! A great time to celebrate! Fireworks, picnics, camping trips, 5K runs, cancer walks, vacations—however you celebrate this holiday, it's a very special time. Now, here in Poulsbo we begin the celebration on July 3rd with Fireworks on the Fjord. Do you know why we have our fireworks on the 3rd instead of the 4th of July? I have heard many explanations (excuses) and wild stories over the years including somehow blaming it on the Norwegians! Ha! Do you want to know the **real** reason?

It started with the Navy! For many years the Naval Station at Keyport put on a splendid display of fireworks for naval personnel and employees on the 3rd of July. The crowds enjoying the fireworks grew bigger and bigger each year until the roads in Keyport could barely handle the traffic. (The troll under the bridge at the Keyport slew tried to scare people away!) The Navy approached Mike Winters, who at the time was employed at Keyport and was also a Poulsbo City Councilman, and asked if there was any chance Poulsbo would be willing to take over this event. There was talk of the Navy providing the barge and helping in other ways and the Navy felt it was important to continue to hold the fireworks display on the 3rd of July. Mike approached the Council with the idea and Council agreed to give it a try. With this Council action, the seed for a new "Fireworks on the Fjord" celebration was born! Not as funny or interesting as some of the stories about why Poulsbo celebrates on the 3rd but that's the way it is with real life! (This is true—except for the part about the troll!)

As with all annual celebrations, Fireworks on the Fjord has changed many times but there must always be fireworks. There have been times when the event has nearly been cancelled because there wasn't enough money for the fireworks but, at the last minute, support would be found. I noticed in the plethora of advertisements that come with the weekly paper there was an envelope for those who want to make a donation to this event so money must be an issue again this year. Hopefully, the support will be there once more—the fireworks are such a joy to so many.

However you celebrate this historic event, have a wonderful time—and don't forget to take care of your pets. They really would be happier if the fireworks were left out of the celebration!

Lodge Officers for 2010: The following is the slate of officers elected to lead your lodge during 2010. If you have questions or concerns about your lodge or would like to volunteer in some area, please contact Vicky in the office or feel free to contact any of these officers:

President – Skip Walsh	Vice President – Fred Weatherford	Sports Director – Dan O'Connell
Counselor – David Rice	Cultural Director – Grace Overby	Social Director – open
Foundation Director – Phil Swenson	Secretary – Barb Mitchusson	Historian – Kristin Holt
Asst Secretary – Julie Swenson	Publicity Director – Rhonda Mitchusson	Financial Sec – Mary Gerstel
Editor – Sherry White	Youth Director – Joanne Graves	Treasurer – open
Musician Bonnie Schroeder/Jan Peterson	Trustee – Vern Herrick	Trustee – Myrtle Jodry*
Trustee – Shirl Nadeau *	Greeter #1 – Bob Schulte	Greeter #2 – Nancy Korsak
Auditor – Phil Swenson*	Auditor – Tony Smallbeck*	Auditor – Bill Arness
Marshall – Robert Kodalen	Asst Marshall – Donna Rice	Bldg Assn Pres – Bob Loveland

*elected in previous years

CASE STUDY

At the end of the year 2010 and upon waking on the morning of 2011, we will be reacquainted with a new and familiar set of taxes. The President Bush tax cuts expire at the end of 2010. Unless Congress decides to act and make the tax cuts permanent, taxes will go up. Therefore, in order to avoid paying higher taxes in 2011, I suggest you review your finances and make adjustments to minimize the tax bite. Let's take a case that is typical with some families and individuals. You have CDs at the local bank and wonder if interest rates will ever again return to at least 2 percent. Each year you receive a 1099 stating how much interest you earned and this is added to your income and taxes are paid on it. This added interest income counts in the calculation of how your Social Security benefits will be taxed—even if you don't withdraw the interest earnings. As much as 85% of your Social Security benefits could end up subject to taxation. Now what happens to that CD or CDs when you pass away? Without a living trust they are included in your estate and will more than likely have to go through probate. Is there a way to avoid the 1099s and probate associated with CDs? Yes! As long as short term you don't need the funds from the CD. When your CD matures, take the funds and purchase a permanent life insurance policy (as long as you are insurable). The amount of insurance depends on age and health, but in most cases will be greater than the value of the CD. **Now all earnings in the life insurance grow tax deferred and when you pass away the proceeds avoid probate and go income tax free to your beneficiaries.** As an example, take Mary Smith, age 70, a fictitious person, in good health with a \$100,000 CD. This will purchase a Sons of Norway single premium policy with a death benefit of **\$220,000**. Also included is a Terminal Illness Accelerated benefit rider to age 121. Now when Mary passes away the insurance policy avoids probate and the death benefits go income tax free to her heirs or favorite charity.

For free, no obligation information about our Nordic Annuities and Life Insurance plans, please telephone me at (866) 648-8889 or email me at tipper13@comcast.net.

Marlene Taylor, a Charter Life Underwriter, (CLU) will be able to assist you in all of your estate planning needs. She and her husband have an insurance agency in Shelton, Washington that handles all lines of insurance. She can be contacted at 360-426-5595.

Ralph M. Naddeo

Financial Benefits Counselor.

1-866-648-8889, e-mail tipper13@comcast.net



FOR THE GOOD OF THE ORDER

Leikarringen Summer Vacation

The youth folk dancers are on summer vacation until September. Check the website for the tentative dance schedule. Classes start up in September. Call Joanne Graves (297-2186) for more information.

Nordic Needleworkers

Instruction in Hardanger embroidery and help in other handwork is available Fridays from 10 to 1 p.m. in the Viking Room. Call Grace at 360-779-2460 for more information.

Woodcarving/Rosemaling

Woodcarving continues on Thursdays from 6 to 9 pm in the Norse Room. For information, call Jeff Iller 698-7175. No rosemaling is currently scheduled.

Norwegian Language Classes

There will be no Norwegian classes during the summer but they will begin again in September. Watch the Måken for information.

Library News

The library is open before and after lodge meetings but is closed at other times during the summer months except on request.

Folk Dancing

Folk dancing is now on summer break. Summer vacation will last until the Monday after Labor Day weekend. Watch the Måken for information on the fall classes.

A Special Grillfest

There will be an open grill on the Trolls Den deck on July 3rd. Bring your own meat, which you will cook on the lodge barbecues from 5 to 7 p.m.. The Lodge will provide salads, baked beans, bread and condiments for \$5. Fireworks on the Fjord will begin about 10 p.m. and can be enjoyed from our deck.

Women's Book Discussion

The women's book discussion meetings are scheduled on the third Tuesdays at 7:00 pm. For location and further information, call Torbjorg Nilsen at 360-779-9826.

In Memoriam

Gary Woodward

Vestre Sund Mannskor

Enjoy Norwegian heritage in song at meetings on Thursdays from 7:30 pm to 9 pm. Men who enjoy singing are invited to join the group. If interested, call Bob Ellerby at 360-598-4831. You can also find more information at: <http://www.pcnsa.org/LocalGroups/Poulsbo.ht>

Our Vikings Need You

Become a Viking and you, too, will enjoy potluck meetings, parades, and a special camaraderie. Chris Whitley, 360-692-2874, has the info if you are interested in joining or you can attend their next meeting on July 1st downstairs by the Trolls Den for the potluck at 7:00 pm and meeting at 7:30 pm.

Question of the month: What is Gilderoy Lockhart's favorite color?

Ladies Club News

The Ladies enjoyed a high tea lunch in June, which was unique and delicious. We were also treated to Donna Bruer's teapot collection on tables and window sills at the June meeting. A lefse making party was held on June 14 with our outstanding dough maker Jeff Drescher. There will be no meeting in July. Our picnic will be on August 19th at Darlene Berge's waterfront home on Lemolo Shore Drive. We are still looking for help with the two August 7th evening catered events. If you can help contact Barb Mitchusson at 779-4553 or barbara.j@comcast.net.

Sons of Norway District 2 Cruise

Join the Sons of Norway for an 8-day Caribbean Cruise from January 29th through February 6th, 2011. The cruise is on the Carnival Freedom and sails from Fort Lauderdale, Florida. Spend your first day enjoying a signature "Fun Day at Sea" taking advantage of the activities, pool, and live entertainment on the ship. Your first port is San Juan, Puerto Rico where you can visit "Old San Juan". Filled with picturesque churches and lined with docks, this historic neighborhood will delight visitors. Famous St. Thomas, vacation spot to the rich and famous, follows. Antigua is next, home to picturesque beaches. Sail on to Tortola where powdery beaches surround yacht-filled docks. Spend another "Fun Day at Sea" before spending a day in Nassau. Return to sunny Fort Lauderdale to end your Caribbean adventure.

The cruise price includes: eight (8) days on board the Carnival Freedom, all meals and entertainment on board ship, government fees and taxes.

Double occupancy prices*: Inside Stateroom \$782; Oceanview Stateroom \$912; Balcony Stateroom \$1,132.

*Restrictions and limitations apply, for other staterooms and rates contact AAA Travel for details. For additional information call, 360-848-2083 or 1-800-743-1703 ext. 2083.

2010 Calendar of Events

July	
3	Fireworks on the Fjord & Grillfest
4	Independence Day
11-24	Camp Nidaros
25-7	Camp Normanna
23	Seafood Fest on the Deck
29	Feast of St. Olaf
August	
9	Setsdal Dancers
13-15	Norsk folkdans stemme
19	Ladies Club picnic
September	
6	Labor Day
11	Ladies Club Rummage Sale
17	Western Night w/band
October	
9	Leif Ericson Day
11	Columbus Day
22	Oktoberfest w/band
29	Halloween Party w/band
31	Halloween
November	
6	Lutefisk Dinner
11	Veterans' Day
13	Vets Night w/band
25	Thanksgiving
28	Decorate Lodge
December	
4	Julefest/Bazaar
9	Ladies Club Christmas Party
12	Santa Breakfast w/HDDA
13	Children's Lucia Party
17	Lodge Christmas Party w/band
25	Christmas Day
28	Family potluck & folk dance
31	New Year's Eve party w/band

Lodge Website

Take a look at the Lodge website. There are new pictures on the photo album. We are still missing pictures from several events. In Particular Vets Night 2009, the 2009 Christmas Party, Christmas decorating and clean up days, to name a few. It would also be nice to have some pictures of kaffe Stua. Please remember to take pictures at lodge events and email a copy to Joanne

July 23rd Beach Party

Summer will really be here. We hope to have a seafood selection for dinner and the décor of a beach party to heighten the summer feeling. Dinner, as usual, will be from 6 to 8 p.m. There will be dance music for your listening and dancing pleasure.

Rummage Sale Change

The Ladies Club Legendary Rummage Sale date has been changed to September 11th, with set up on the 10th. Please be saving your special items for this big sale. Watch the Måken for updates.





Trolls Den Update & Social News

Barstool Bingo: There will be more Barstool bingo on July 21st so come on in and join in the games!

Movie Mondays: With the new opening of the bar on Mondays, we will be having a special movie each Monday with free popcorn. See the calendar for the movies to be shown in July.

The Road Not Taken

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;
Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,
And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.
I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.

By Robert Frost

“To Promote and Preserve the Heritage and Culture of Norway” at the County Fair!

August 25th through the 29th is the Kitsap County Fair and a perfect venue to promote our Nordic Heritage. Every year the fair includes a host of open class competitions including needle work, wood carving, painting, cooking, and much more. Here is your chance to show off your Nordic handiwork and share a little bit of Norwegian heritage with Kitsap County. Entry forms and information are available on line at:

www.kitsapgov.com/parks/Fairgrounds/pages/Exhibition_Guides.htm It is easy to enter. Check the open class guide for general rules and take your items to the Presidents Hall at the fairgrounds August 14th or 15th. Complete the entry forms and pay your entry fee. The \$9.00 fee (\$7.00 for seniors) includes an exhibitor's pass for entry to the fair all five days! The entry dates for food and flowers differ, so check the website and finish up those handwork projects before the 14th. See you at the fair!!

Tusen Tusen Takk

Thank you to all who made Midsommer Fest a great event. Thanks to all who brought greens and flowers, maistang decorators, the lur call, Vestre Sund Mannskor, Ultima Thule, the many musicians, Jerry and Sharon Reitan for the boat, all folk dancers and heritage camp attendees, Sons of Norway Vikings, Leikarringen fathers, face painter, game organizer, Bob Moseng (great emcee), Viking Village, present Scandinavian animals and their owners, craft demonstrators, all the kitchen help, and the Ladies Club. It takes an entire lodge to put on such a great Midsommar Fest.

International Convention Travel

Dear Sons of Norway Member: Sons of Norway is pleased to welcome [Borton Overseas](#) as the Official Travel Partner of the [2010 International Convention!](#)

As our Official Travel Partner, Borton is offering an exclusive discount program to all members who are planning to travel to Coeur d'Alene for the International Convention. The program will give every Sons of Norway member who books their International Convention travel through Borton a discount of up to 10% on airfare. Additionally, Borton Overseas will waive all booking fees for convention attendees.

Sons of Norway is especially excited about this announcement because it will help reduce the costs of attending an International Convention. Thanks to the participation of Borton Overseas, attendees who plan to fly will see real savings in their travel expenses, which we hope will encourage more members to attend and participate in the governance of Sons of Norway.

Linda McCormick, Scandinavia Director, had this to say of Borton's convention sponsorship:

Borton Overseas and Sons of Norway have had a great relationship for many years. We believe strongly in their mission and have helped support it by offering members a year-round 5% discount on package travel. Now, with the opportunity to become the Official Travel Partner of the 2010 International Convention, we saw a further opportunity to support the efforts of Sons of Norway and provide an additional value to the Norwegian-American community.

To make travel arrangements contact Borton Overseas at (800) 843-0602. Be sure to identify yourself as a Sons of Norway International Convention attendee when making your reservations so you can take advantage of this great discount!

If you have any questions about this program, do not hesitate to contact Sons of Norway at (800) 945-8851 ext. 623, or Borton Overseas at the number above.

2010 Sangerfest!!

Vestresund Mannskor, the Poulsbo Norwegian Male Chorus, will be taking part in the 2010 Sangerfest to be held in Salem, Oregon on July 8, 9 and 10. There are twelve Norwegian male choruses on the West Coast from San Diego to Bellingham and this year Salem is the host chorus. From the days of the Vikings to our present time, singing has been considered a national heritage of the Norwegian people. In virtually every town and village in Norway, there is a singing society, with male choruses having an important place in the musical life of the nation. In America as in Norway, this characteristic Norwegian love of singing and the ability to organize has manifested itself. This has forged a strong link in the bond between those of Norwegian birth, ancestry and affiliation and the homeland.

Many of the choruses are more than 100 years old, with the Seattle chorus singing when Washington was still a territory.

July Lodge Meeting

At the July 13th meeting, Ben Ellerby will give a presentation on one of the story boards in the downstairs hall.

Answer for the June Question of the Month: The Shadow.

A Large Thank You

A great big thank you to Jeff Bauman for his presentation on the parking challenges in Poulsbo. We all learned a great deal about this complicated issue.

Viking King Olav II Haraldson?

Thursday, July 19th, 1030, the Viking King, Olav (2) Haraldson died in a fierce battle at Stiklestad, some 45 miles northeast of Trondheim. Olsok is one of Norway's official flag days.

Karelian Music Ensemble Update

The Karelian Music Ensemble evening was changed somewhat by the untimely death of Sasha, one of the trio, just before they left Russia. Although the ensemble was different, Arto and Igor wanted to make the tour anyway. It was a great and memorable performance and gammaldans at our lodge. What a terrific event!

Norske Dansere Notice

The Norske Dansere from Norway will be at the lodge on August 9th. Put it on your calendar and watch the August Måken for more information.

Swing Dance Workshop

All day swing dance workshop on Aug 10th. Watch for detail in the next Måken.



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July 2010 check our Website: www.poulsbosonsofnorway.com

**WESTSIDE PIZZA IS
OFFERING A 15%
DISCOUNT TO ALL
SONS OF NORWAY
MEMBERS ON ANY
ORDER. JUST
MENTION YOU ARE A
MEMBER WHEN
PLACING YOUR
ORDER**



The Sunday Trolls Den hours will be determined by the Trolls Den Advisory Committee and the Bar Manager in order to take advantage of the sporting schedule and other events. Summer is here and many fun times are being planned! Come on in and join in the fun!



Måken Identification Statement

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