



February 2009

Feb 13th – Valentine's Dinner
Feb 16th Pekka and Perttu
on Presidents' Day
Feb 28th – Crab Feed
See Calendar for Times

Valentine's Day

Remember your Valentine and make the day special. The Sons will have a celebration dinner on February 13th—bring your best gal or guy and come on down!!

February 2009

Volume 93 Issue No. 2

President's Message

From the President's Desk:

At our Lodge Meeting on January 13th, your new Board of Directors was installed. Waldo Bueing, our District Two President, served as Installing Officer for a very nice ceremony. Thank you, Waldo. Also, heartfelt thanks to Wade Moncrief, our outgoing President, and all the members of our 2008 Board. These past two years have been challenging in a number of ways and we all owe these good people a significant debt of gratitude.

For my first President's message, I thought I would share a bit of my perspective on our Lodge.

First, our mission is to promote and preserve the culture and heritage of Norway. As such, Leikarringen, Adult Folk Dance, Hardanger Lace, Tole Painting, Woodcarving, Norwegian Language lessons, Julefest, Midsommerfest, the Lutefisk Dinner and all of the other cultural activities that the lodge supports are central to our mission and we need to do all that we can to support and promote these activities.

But we are also a fraternal society, founded on the principles of mutual support to our members and families. The lodge is a wonderful, safe place, full of hard-working, caring people. It's a great place to spend some time with friends, have a meal or a drink and share some fellowship. A few weeks back, Sandi and I invited some non-member friends to join us for dinner in the Trolls Den on a Friday Night. There was a birthday party going on in the Viking Room and there was a good crowd. At the end of the evening, as we left the building, our friends commented that *"there was a lot of love in there tonight"*. And there is. We take turns in preparing food and serving each other. We have terrific volunteers who work hard to put together a social program to keep our members active and engaged in lodge activities. I believe that these social programs are also a critical part of who we are and we need to do everything we can to support these activities as well.

I have two primary goals for the year.

First, I'd like to continue the excellent work that Wade and the current Board have done in reducing the tension and rebuilding trust in our lodge. Our lodge is full of wonderful people with diverse interests and talents. I believe that we should honor and respect ALL of our members – no matter how they choose to participate in the activities of the lodge.

Second, I'd like to see the lodge complete our financial turn-around. We clearly cannot continue to operate in the red for very long. Towards this end, we obviously need to recruit and retain new members. But, maybe even more importantly, we need to get those new members involved. We also need to encourage our existing inactive members to become more active in the lodge. I'd like to see each of us make a point of reaching out to some of these members—encouraging them to come back into the fold. If we are to flourish in these uncertain economic times, we need the ideas, talent and best efforts of our entire membership.

We have an exciting and challenging year ahead of us. Thanks for your confidence.

Until next time – Skip Walsh

POULSBO SONS OF NORWAY LODGE #2-44 January 2009 Meeting highlights

- President Moncrief presided over his final meeting and, following installation, relinquished the gavel to the newly installed President, Skip Walsh.
- Vicky Spray—**Woman of the Year** and Bob Loveland—**Man of the Year**. Thank you for everything you do for the lodge!
- Treasurer Lolly Keith's report was distributed with comments that the Lodge needs to find new creative income activities.
- Kathy Moncrief, Michele Burk and Diane Swayne are the current signers on the Viking Bank accounts.
- The Silent Auction raised \$1,080 for the scholarship fund. Phil Swenson noted that two scholarships—for undergraduate students and for the University of Oslo summer program—are currently available.
- Joanne Graves, Youth Director, reported that the three summer youth camps are looking for adult volunteers and those interested can contact her or visit the website.
- Bob Loveland, President of the Building Association, reported that work on the decking on the south side of the building will begin soon and the glass doors will be closed for three days to complete the work.
- The Board has decided to drop regular Friday night live music to save money, however, there will be music for special events.
- The Board approved hiring Paymela Long as a part-time bartender.
- President Walsh accepted the gavel and noted his goals for 2009.
- Leikarringen registration is the first Monday after Viking Fest.

The Lodge office number is: 360-779-5209
The Lodge Fax number is: 360-779-5223
The Trolls Den number is: 360-779-2384

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<i>Sun</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sat</i>
Måken input by 15 th of the previous month.						
1 Vern's Pancake Breakfast 9:00am-Noon Alive Covenant Church – 2 pm Superbowl with Potluck in the Trolls Den– 2:30 pm	2 Youth Norwegian 3:30 pm to 4:30 pm. Leikarringen Class 4:30 pm to 7:00 pm Beginning Norwegian 6:00 pm to 7:00 pm Intermediate Norwegian 7:00 pm to 8:00 pm Folk Dancing – 7:00 pm – 9:00 pm	3 Dinner 5:00-7:00pm Troll's Den Meeting 6:00 pm Lodge Board Meeting 7:00 pm	4 Kaffe Stua 11am-2pm BINGO 6:00 pm	5 Ladies Club at Noon Rosemaling/Woodcarving Support 6:00-9:00pm Advanced Norwegian – 10 am to Noon Cont. Advanced Norwegian – 6:00 pm to 7:30 pm Vestre Sund Mannskor 7:30 to 9:00 pm.	6 Needleworkers Noon to 2pm Dinner –6:00 pm to 8:00 pm--Mitchusson Crew—steak and halibut.	7
8 Daughters of Norway Meeting – 1:00 pm	9 Youth Norwegian 3:30 pm to 4:30 pm. Leikarringen Class 4:30 pm to 7:00 pm Beginning Norwegian 6:00 pm to 7:00 pm Intermediate Norwegian 7:00 pm to 8:00 pm Folk Dancing – 7:00 pm – 9:00 pm	10 Dinner 5:00-7:00pm Lodge Meeting 7:30 p.m. Special Speaker—Bob Stevenson of Edmonds Lodge #130 on “Ski for Light”	11 Kaffe Stua 11am-2pm BINGO 6:00 pm	12 Rosemaling/Woodcarving Support 6:00-9:00pm Advanced Norwegian – 10 am to Noon Cont. Advanced Norwegian – 6:00 pm to 7:30 pm Vestre Sund Mannskor 7:30 to 9:00 pm.	13 Needleworkers Noon to 2pm  Valentine Dinner – 6:00 pm to 8:00 pm--Jan & Shorty's Crew- Chicken Cordon Bleu Music - 7:00 pm to 11:00 pm--Haywire	14 
15 Deadline for March <i>Måken</i> --due to the Editor	16 <i>Presidents Day</i> Dance Workshop 4:30 pm Potluck 6:00 pm Pekka and Perttu at 7:00 pm Gammaldans 8:00 pm	17 Dinner 5:00-7:00pm Women's Book Discussion 7:00 pm	18 Kaffe Stua 11am-2pm BINGO 6:00 pm	19 Rosemaling/Woodcarving Support 6:00-9:00pm Advanced Norwegian – 10 am to Noon Cont. Advanced Norwegian – 6:00 pm to 7:30 pm Vestre Sund Mannskor 7:30 to 9:00 pm.	20 Needleworkers Noon to 2pm Dinner – 6:00 pm to 8:00 pm--Walsh/Mathisen Crew	21 <i>Mary Spray's birthday</i>
22 Fastelavn, Shrovetide	23 Youth Norwegian 3:30 pm to 4:30 pm. Leikarringen Class 4:30 pm to 7:00 pm Beginning Norwegian 6:00 pm to 7:00 pm Intermediate Norwegian 7:00 pm to 8:00 pm Folk Dancing – 7:00 pm – 9:00 pm	24 Dinner 5:00-7:00pm	25 Kaffe Stua 11am-2pm BINGO 6:00 pm Ash Wednesday	26 Rosemaling/Woodcarving Support 6:00-9:00pm Advanced Norwegian – 10 am to Noon Cont. Advanced Norwegian – 6:00 pm to 7:30 pm Vestre Sund Mannskor 7:30 to 9:00 pm.	27 Needleworkers Noon to 2pm Dinner - 6:00 pm to 8:00 pm--Wade Moncrief's Reuben Sandwiches and Potato Salad	28 Crab Feed – 6:00 pm to 8:00 pm--Heidi King and Crew 
1	2	3	4	5	6	7

Mar 2009

To Help with Tuesday Night Dinners please call Dorothy Walsh, 779-5188. More Crews/Volunteers are needed for Friday Night Dinners, contact Barbara Mitchusson at barbaraj@comcast.net or 360-779-4553

MEMBER COMMENTS

From the Desk of Your New Editor:

This section of the newsletter will be for messages and/or special, one-of-a-kind events in the lodge. The section won't have a "social or cultural" distinction since we are one club with one membership and, I believe, united we will thrive and grow. It's February already—how quickly time goes. But then, of course, time goes nowhere. "Time flies, say not so. Time stands. We go." But, before you go anywhere, do you have something you'd like to say, share or you'd like to read in your newsletter? Let me know and we can include it in this section. Our lodge provides many opportunities to learn about the culture and heritage of Norway as well as a place to spend time with old friends and make new friends. Your lodge experiences can be shared in this section. If you plan ahead, we could even include messages to members here—such as birthday greetings, special moments shared, etc. Want a recipe, want to share the joys of a special moment, want world peace? The sky's the limit (though, nothing political please)—so send me your input. You can email me at swwhite1342@embarqmail.com or, if you don't like to be on the computer, just provide me with a hand-written message and we can go from there. Let's have fun with it.

Lodge Officers for 2009: The following slate of officers was elected to lead your lodge during 2009. We thank and congratulate these members for graciously volunteering their time to serve our lodge during the coming year:

President – John "Skip" Walsh	Vice President – Fred Weatherford	Sports Director – Dave Keith
Counselor – Barb Mitchusson	Social Director – Heidi King	Cultural Director – Grace Overby
Foundation Director – Phil Swenson	Secretary – Denise Bauman	Historian – Dorothy Walsh
Asst Secretary – Julie Swenson	Publicity Director – Darlene Burke	Financial Sec – Michele Burk
Editor – Sherry White	Youth Director – Joanne Graves	Treasurer – Kathy Moncrief
Musician – Janice Peterson	Trustee – Vern Herrick*	Trustee – Shirl Nadeau *
Asst. Musician – Bonnie Schroeder	Greeter #1 – Nancy Korsak	Greeter #2 – Kristin Holt
Auditor – Phil Swenson*	Auditor – Tony Smallbeck	Auditor – Bill Arness*
Marshall – Robert Kodalen	Asst Marshall – Donna Rice	Trustee – Myrtle Jodry

* elected in previous years



From the desk of Ralph Naddeo, our Financial Benefits Counselor:

Take Time to Plan

In the January 2009 Sons of Norway issue of the Viking magazine, on pages 32 and 33, there is an interesting article on estate planning. The article stated that 55% of Americans don't have a **Will**. This is probably one of the most important documents you can have. What a mess the survivors are left with, because now they have to use the will that the state provides. See, everyone has a will; it just depends on who is going to do it; you or the state. This is not something you want to do on your own. The best thing a person can do is consult with an estate planning attorney. For a will to be valid in this state it has to meet certain requirements. If not done right, it may turn out to not be a valid will. In this lodge we have as a member one of the finest estate planning attorneys. He is Robert (Bob) Pittman. Bob had his own radio program for 17 years. During that time he served the Puget Sound region with competent legal advice. He is also a member of The National Network of Estate Planning Attorneys. Their work is a cut above all other legal work. When you have him complete a living trust for you, it is very detailed and complete. One section may be about what to do with a special needs individual if you are not here to take care of them. Also, another section may deal with what happens to your pets. These are just some of the items that may be covered. Some people with complex financial situations—such as a family business and/or property in multiple states—may consider a living trust. The trust Bob puts together for you will keep you in control and most probably eliminate or minimize the estate tax bite. You can contact Bob at 1.253.471.9779 or 1.800.927.1388. His e-mail address is rc.pittman@comcast.net. He also has a web site and it is www.rcpittman.com.

One of the safest places to put funds that aren't needed is into CDs. Interest earned is taxed at your tax rate. If the funds are left in the CD to compound, then the tax you pay compounds right along with it. If the funds are not needed in the near future, why not transfer them to an annuity where the interest compounds and is tax deferred. Just a thought.

RALPH M. NADDEO

1-866-648-8889

1-253-565-6451

My e-mail address is: tipper13@comcast.net





FOR THE GOOD OF THE ORDER

Trolls Den Music

The Board of Directors has voted to suspend music for 2009 as a cost-cutting measure. An analysis of income and expenses revealed that the Trolls Den was operating at a loss on music Fridays as sales did not increase sufficiently to offset music costs. Music will continue to be scheduled for selected social events as approved by the Board of Directors and coordinated with the Social Director. We will examine other measures to cut costs and/or increase income throughout the lodge as we continue to operate under these difficult economic times.

Leikarringen

Thanks to the Leikarringen for the lively entertainment enjoyed at the January lodge meeting. It was appropriate to have our dancers entertain the evening of the installation of officers.

Folk Dancing

The very beginner Folk Dance Class is doing well from 6 pm to 7 pm on Mondays in the Viking Room. Continuing Dancers meet from 7 pm to 8 pm in the Viking Room. All Dancing continues until 9 pm with traditional Norwegian dances as done in the 19th & 20th centuries as well as figure dances done in ballrooms.

For further information please call Fred 206-780-8036 or Stan at 360-550-6049.

Norwegian Language

Youth Norwegian is held on Mondays from 3:30 pm to 4:30 pm in the Trolls Den. No class on February 16th.

Beginning Norwegian is in session on Mondays from 6 pm to 7 pm in the Norse Room. No class on February 16th.

NEW Intermediate Norwegian starts on Mondays from 7 pm to 8 pm in the Norse Room. No class on February 16th.

Advanced Norwegian is held on Thursdays from 10 am to noon.

Continuing Advanced Norwegian is held on Thursdays from 6 pm to 7:30 pm.

See the calendar for ongoing classes.

In Memoriam

Lance L. Mitchell

Nordic Needleworkers

Instruction in Hardanger and help in other handwork is available Fridays Noon to 2:00 pm. Call Grace for further information @ 360-779-2460.

Rosemaling/Woodcarving

Rosemaling/Woodcarving Support is scheduled every Thursday from 6 pm to 9 pm in the Norse Room.

Call Ken Green for further information @ 360-697-2835.

Library

The Library is open every Monday from 5 pm to 7 pm. The library will also be open before and after Tuesday lodge meetings. The library will be closed February 16th. Call Grace Overby at 360-550-6049 for further information.

Letter to the Måken Editor Tree of Giving

Jan and Shorty wish to thank those members participating in the Tree of Giving during the Christmas season. It was a huge success. The residents at Martha & Mary appreciate your generous spirit and thoroughly enjoyed their gifts. The program will be continued for 2009 and more Martha & Mary residents will be included.

Thanks,
Wade

Ladies Club News

2008 was a busy year for the Ladies Club. Through our hard work on weddings, the annual rummage sale and the Christmas Bazaar, we were able to transfer \$11,254.86 to the lodge. In addition, we had many members working on Kaffe Stua, the Viking Fest luncheon, the luncheon during the Christmas Bazaar and other activities.

New officers for 2009 are Barb Mitchusson, President, Janice Peterson, Vice President, Bonnie Schroeder, Secretary, Priscilla Callahan, Treasurer, Ann Cook, Counselor, and Darlene Burke, Social Director.

At the January meeting, the club voted to use the Doris Thompson memorial fund to refurbish the two benches outside the upstairs entryway. A plaque will be put on the benches in Doris's memory. The Ladies Club will also purchase three new lefse irons.

Jan Saenz thanked everyone who chose a gift suggestion card from the giving tree that she and Shorty brought in. Christmas gifts were purchased for Martha & Mary residents through this activity. Jan said additional resident requests will be brought in next year due to the overwhelming success of the generosity of our members this year.

Our next meeting will be Thursday, February 5th at noon. The program will be a spokesman from the Poulsbo Police Department. Remember, dues are to be paid at this meeting. Barb Mitchusson, President [779-4553](tel:779-4553), barbara.j@comcast.net.

Book Discussion

The Women's Book Discussion group meetings are scheduled on the third Tuesdays at 7:00 pm. Read books by Scandinavian authors and join in the lively discussions. For location and information, call Torbjorg Nilsen 779-9826.

February Lodge Meeting

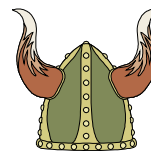
Bob Stevenson from Edmonds Lodge #130 will give a presentation on "Ski for Light" at the February meeting

2009 Installation of Officers

The following new officers for 2009 were installed by District 2 President, Waldo Bueing at the January meeting. Good luck to the new board members. Let's everyone do their part to help make ours a terrific lodge!

- President – Skip Walsh
- Vice President – Fred Weatherford
- Counselor – Barb Mitchusson
- Social Director – Heidi King
- Secretary – Denise Bauman
- Assistant Secretary – Julie Swenson
- Auditor – Tony Smallbeck
- Phil Swenson*
- Bill Arness*
- Treasurer – Kathy Moncrief
- Financial Sec – Michele Burk
- Trustee – Myrt Jodry
- Vern Herrick*
- Shirl Nadeau*

- Marshall – Robert Kodalen
- Assistant Marshall – Donna Rice
- Foundation Director – Phil Swenson
- Cultural Director – Grace Overby
- Youth Director – Joanne Graves
- Sports Director – Dave Keith
- Publicity Director – Darlene Burke
- Editor – Sherry White
- Historian – Dorothy Walsh
- Musicians – Jan Peterson
- Bonnie Schroeder
- Greeter #1 – Nancy Korsak
- Greeter #2 – Kristin Holt
- * elected in previous years



Our Lodge

Who knows the history of when the Poulsbo Sons of Norway lodge began? The answer to that question will be in the March newsletter.

Fun Times in the old Town Tonight

Valentine's Day—February 13th

Valentine's Day at the lodge will be celebrated on February 13th when Jan & Shorty and their crew provide a delightful chicken cordon bleu dinner for you and your sweetheart. Come enjoy a terrific meal and dance the night away to a great band, Haywire!

February 28th—Don't Forget the Annual Crab Feed



The crab feed is scheduled for February 28th. The \$20 tickets for this annual event are on sale in the Troll's Den or from the Administrator. Diners will each receive a whole crab as well as clam chowder, cole slaw and garlic bread. This has always been one of our most well attended events so be sure to purchase your tickets early. The ticket sales cutoff date will be February 13th to give the planners time to get a count and order the crab. Tickets at the door, if crab is available, will cost \$30.00. **Bring your own picks and crab shell crackers!** Heidi King is working hard on this event and would certainly welcome anyone who would like to volunteer to assist her. Heidi's number is 204-1110.

Check out the New Website

poulsbosonofnorway.com

If you have not been to the lodge's website recently come and take a look. The website is always being improved and we hope you will like what you see. If you have any ideas for improving our website, let us know.

Other Lodge Happenings

2009 is the 100th anniversary of the **Alaska-Yukon-Pacific Exposition in Seattle**. Please watch our newsletter for additional information in 2009.

Portable TVs

Be sure your portable TVs are HDTVs or, after February 19th, you'll just be watching snow—or you can visit our library and join the book discussion group!

Vestre Sund Mannskor

Enjoy Norwegian heritage in song at the meetings on Thursdays from 7:30 to 9:00 pm. Men who enjoy singing are invited to join the group. For more information call Bob Ellerby at 360-598-4831. Find more information at: <http://www.pcnsa.org/LocalGroups/Poulsbo.htm>

From the Lodge Administrator's Desk – Trolls Den Sunday Hours and Events

Come and join the fun on Super Bowl Sunday!! We're planning a potluck for the game on February 1st so bring a favorite food and come join us. The Trolls Den will open at 2:30 pm for the kickoff about 3:20 pm. See you there!

Don't Forget—in March we will be celebrating St. Patrick's day on March 20th with Corn Beef and Cabbage cooked to perfection by Mike Patterson and Mary Spray. There will be music by Soul Siren to top off a perfect evening.

Bingo Buzz



A POPULAR PLACE TO BE

Here at the Sons of Norway, Bingo is the most fun you can have on Wednesday evenings. Early Bird games begin at 6:00 pm followed by our regular games and jackpots at 6:30 pm. We offer a \$500 progressive blackout jackpot, starting at 54 numbers. Bingo at the Sons is a family event where people look forward to seeing and being with their friends.

Bingo profits provide almost \$20,000 yearly to our Lodge. In addition to the income to the Lodge from the games, the lodge is also receiving money from the sale of hamburgers, hot dogs, sandwiches, salads, popcorn, chips, candy, desserts and beverages.

It's winter and it's cold and it's a good time to have fun **inside!** So we hope more players will join us on Wednesday evenings for a time of fun and friendship and to support our Lodge. We look forward to seeing you there.

District 2 Youth Camps

District 2 youth camp applications are available starting February 14th. The District offers three youth language camps each summer. Nidaros and Normanna for children age 7 to 12 and Trollhaugen for children age 13 to 15. Applications and more information are available at <http://www.softcamps.com/>.

Scholarships are also available for children to attend. One is awarded for each camp. This is a wonderful opportunity for our youth to learn about Norwegian heritage, culture and the language of Norway.

The youth camps are always looking for adult volunteers to help with the cooking, crafts, language, dancing, etc. Applications to serve as a volunteer are also available at the website above.

Pekka and Perttu

The Sons of Norway is honored to present Pekka and Perttu who come to us from Finland. The two musicians will perform at the lodge on February 16th at 7:00 pm. Both play the two and five row accordions and Perttu plays the violin as well. Both musicians studied at Sibelius Academy's Folk Music Department in Finland and they are veterans of progressive Finnish folk music. See the calendar for the workshop, potluck, performance and gammaldans times.

Fastelavn (Shrovetide)

The seventh Sunday before Easter, February 22nd, signals the coming of Easter in Norway. In olden days, Fastelavn stood for the evening before the fast began. Folks covered themselves with ashes and smeared it through their hair, cleaning up on Maundy Thursday, the Thursday before Easter Sunday.

Today, one way Shrovetide is celebrated in Norway is with Fastelavnsboller (shrovetide buns)—sweet buns, sometimes with raisins, divided in half and filled with sweetened whipped cream. (Look for the recipe for Fastelavnsboller on the main bulletin board on each floor.)

Friday Night Dinners

When you've had a busy week and are looking for an easy Friday night meal and a visit with friends, bring your family and come on down to the Friday night dinner at your lodge put on by volunteer crews. Look on the newsletter calendar to see who is cooking and what's being served. Remember—the Norse Room seats quite a few people and is open to families with children. People also eat in the Viking Room and Trolls Den which are restricted to members 21 and over so there's room for everyone.





**Sons of Norway
Poulsbo Lodge #2-44
P.O. Box 653
POULSBO, WA
98370**

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The Sunday Trolls Den hours are listed in a message from the lodge administrator in order to take advantage of the sporting schedule. Come and join in the fun!

**Place your ad on this page.
Call lodge for rates.**



Måken Identification Statement

Måken is a newsletter of the Poulsbo Lodge No 44 of the Sons of Norway, a non-profit organization located at 18891 Front St, Poulsbo, WA 98370. Published monthly. Issue date, number and volume are located on the front page. No ISSN has been assigned. The newsletter is sent to all members of the Poulsbo Lodge at no additional cost. Each issue has a circulation of 1,000.

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