



THE NEWSLETTER OF THE POULSBO SONS OF NORWAY LODGE

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Valentine's, Valentinsdagen, and Valisbløt

Hej, All:

You've probably noticed a difference in February's newsletter. As we changed jobs on the board in January, the Sons of Norway also welcomed a new Måken team.

After many years as our editor, Joanne Graves has moved on to focus on scholarships as our Foundation Director, another important position. Joanne made the Måken readable and accessible and full of critical content, keeping our members informed about opportunities and activities here at the Lodge and in Poulsbo – and throughout the district. Thank you, Joanne, for your valuable contribution to our community!

It's an exciting time that I trust will benefit everyone. Our new team, led by Editor Susan O'Meara, Designer John Berge, and Production Manager Helen Wytko, is launching an innovative look and feel and direction for the newsletter. What does that mean for you? Well, I see this as an opportunity to build further on the Måken tradition and the Sons of Norway legacy.

Accordingly, input from Lodge members is key to the continuing success of our newsletter. Whether you're volunteering to improve our space and business, creating fundraising events, participating in Trivia, parading with the Vikings, dishing up Friday night dinners, sharing stories about your life, your experiences and your ancestry, or bettering communication within this community we know and love, the Måken wants to hear from you! Please feel free to send your ideas directly to susanomeara@hotmail.com.

At the installation dinner of the new board in January, we had the privilege and honor of hosting International President Ron Stubbings. He was impressed by his visit and stayed a long time afterwards, visiting the Lodge members there with his wife Riitta. Another privilege I had at the meeting was honoring Scott and Keri Kankovsky with the "Man and Woman of the Year Award" for their outstanding service to the Sons of Norway. Both are totally deserving of such recognition as you will see in the side article within this month's newsletter. Congratulations to both of them!

continued on next page ▶▶▶



INSIDE:

- What's Happening in the Trolls' Den
- Upcoming Events
- New Members
- Man and Woman of the Year



I believe the mission of the Sons of Norway is paramount to what we do. We celebrate the good in Nordic culture, including all aspects of heritage, language, dance, food, craft, song, dress, and FUN! We hold a unique position in a town that needs us to showcase what it means to be Norwegian, including enjoying the Lutefisk dinner in January, the Viking Fest/Syttende Mai in May, Midtsommer in June, and Julefest in December. At other times of the year, we offer additional tastes of Nordic experience with a concert, book reading, craft fair, and more. Our partnerships within the community always focus on the good of the community.

How can you help? Volunteers are needed to provide food service, Lodge security, and hosting for our events and room rentals. We can also use expertise in electronics, carpentry, metalwork, plumbing, project management, grant writing, janitorial cleaning services, and groundskeeping, to name a few.

Upon joining the Lodge, many members indicate areas of interest where they might want to help out. Please don't hesitate to come forward, for example, when you notice an event or a dinner slot needing to be filled. Being on a kitchen crew can raise \$100 per volunteer toward paying Lodge expenses. If you are not able to contribute volunteer time, would you consider a donation of \$20, \$50, \$100 or more toward the expenses of the Lodge? This is another means of being of service to the Sons of Norway, while keeping us running smoothly and growing successfully. You can go to our website and give any amount you wish (www.sonsofnorwaypoulsbo.com).

Enjoy the Måken. I hope you find something you would like to do and be a part of in the following pages. And as always, see you down at the Lodge. 🇳🇴

Paul



Måken

is the monthly newsletter of the
Poulsbo Sons of Norway Lodge 2-004

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Calendar

Coming Events

February 2024

- 2 Movie & Potluck: Ground Hog Day
- 3 Building Association Auction
- 3 District 2 Races Trollhaugen
- 4 Winter Cribbage Tournament
- 9 Mardi Gras Jambalaya Dinner
- 11 Frosty Fest Pancake Breakfast
- 11 Super Bowl LVIII (58)
- 13 Lodge Meeting
- 16 Live Band: Cod Peace
- 23 Baked Ziti Pasta Dinner

March 2024

- 1 Shepherd's Pie Dinner
- 2 Heritage Day at the Lodge
- 8 Pork Tenderloin Dinner
- 13 Lodge Meeting
- 13 Thomas Pfizenmaier Book Event:
"Whatever Became of Love: An Invitation
to Rethink Everything"
- 23 Member Art Show & Silent Auction
- 25 Book Club Revamp

Continuing Events

Mondays

- 4:30pm Youth Folk Dancing (various rooms)
- 6:30pm Informal Scandinavian Music (Marine Room)

Tuesdays

- 8:00am Yoga (Marine Room)
- 9:00am Old Guys' Kaffe Klatch (Trolls' Den)

Thursdays

- 9:00am Old Guys' Kaffe Klatch (Trolls' Den)
- 6:00pm Wood Carvers (Norse Room)
- 6:00pm Trivia (Trolls' Den)
- 7:30pm Norwegian Singing (Marine Room)

Fridays

- 7:00am Rotary Breakfast (Marine Room)
- 10:00am Needle Workers (Viking Room)

First Tuesday

- 6:00pm Lodge Board Meeting (Norse Room)

Second Tuesday

- 7:00pm Lodge Meeting (Marine Room)

Second Wednesday

- 6:00pm Building Association (Viking Room)

Third Tuesday

- 6:30pm Vikings (Viking Room)

Fourth Tuesday

- 1:00pm Ladies' Nordic Book Club (Liberty Bay Books)
- 6:00pm Ingeborg Society (Viking Room)

Third Saturday

- 3:00pm Geneology Meeting (Norse Room)

First Sunday

- 9:00am Pancake Breakfast (Norse Room)



WHAT'S HAPPENING IN THE TROLLS' DEN

Movie & Potluck: February 2

Our movie this month is the 1993 hit, Groundhog Day, starring Bill Murray and Andie MacDowell. The movie follows a weather man as he is sent to cover a story about a weather-forecasting groundhog. Upon awakening the following day, he discovers that it's Groundhog Day again, and again, and again, day after day. First he uses this to his advantage, then comes the realization that he's doomed to spend the rest of eternity in the same place, seeing the same people do the same thing every day.

It's a potluck dinner, so bring something good!
The movie starts at 6:00pm.



Cribbage Tournament: February 4



Our Winter Cribbage Tournament will be held Sunday, February 4th at 2:00pm. The sign up sheet can be found in the Trolls' Den.

Super Bowl: February 11

Super Bowl LVIII (58), live from Las Vegas on Sunday, February 11 at 3:30pm.

Don't miss the pre-game party! Bring a dish to share. Trolls' Den doors open at 2:30pm.

Cod Peace Rocks: February 16



Cod Peace will be playing classic rock from the 60s, 70s, and 80s in the Trolls' Den on Friday, February 16 at 7:30pm. 🇳🇴

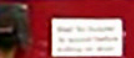


TROLLS' DEN

TROLLS' DEN HOUSE RULES APPENDIX P POULSBO SONS OF NORWAY POLICIES & PROCEDURES

1. Core operating hours shall comply with Washington State Liquor and Cannabis Board and City Ordinances.
2. Minors: No one under the age of 21 shall be permitted in the Trolls' Den.
3. Members who are delinquent in their dues shall not enjoy the facilities of the Trolls' Den.
4. All visitors must sign the register upon entering the Trolls' Den or other rooms where liquor is being served and the building is closed to the public.
5. Visitors must be signed in to the Guest Register by a member of the Lodge and they must leave the Trolls' Den when the member departs.
6. The bartenders are responsible for control of all areas where liquor is being served.
7. Trolls' Den employees must treat all patrons with respect. Profanity or boisterous conduct on their part anywhere within the Lodge or Trolls' Den will result in disciplinary action.
8. Members and visitors must conduct themselves respectfully. Profanity, boisterous conduct or other unacceptable behavior will not be allowed and infractions may result in being asked to leave the premises of the Trolls' Den.
9. The Bar Manager or duty bartender shall have full authority to enforce the rules and regulations of the Trolls' Den. Any person not complying with rules shall be asked to leave the premises.
10. Alcohol purchased for on premise consumption must be consumed within designated space. Alcohol purchased for off premise purpose must be consumed off premises.
11. A complete roster of all Lodge officers must be posted within the confines of the licensed premises. A copy of the membership roster must be available to the duty bartender.
12. If problems do arise in the Trolls' Den that cannot be resolved by the bartender, call 911 first for assistance and then notify the Bar Manager and the Lodge President.
13. Bartenders must practice bar control, ensuring that patrons are not over poured or overserved. It is also the responsibility of the bartenders to refuse service if a patron appears intoxicated.
14. No alcoholic beverages other than that purchased by the Trolls' Den management will be permitted on the premises.
15. Cell phones will not be utilized to order drinks from the Deck or any other location.
16. Any time the Trolls' Den is open, the ramp gate to the Deck must be locked so that access to the Deck or Trolls' Den is prohibited; except at such time as the lower level is being utilized as additional outside bar space.
17. No pets are allowed in the Trolls' Den or on the Deck or tied up or unattended anywhere on the premises.
18. When meals are sold in the Trolls' Den, no other food shall be brought into the Trolls' Den. The only exception allowed would be desserts that can be shared by all those present.

MEMBERS ONLY



Approved by Lodge House Committee on 7 August 2007, item #15 updated, item #17 changed, item #20 added June 2010; Item #21 added August 2013; Items #1, 2, 9, 11, 14, 19, and 20 revised, Items #4, 5, 6, 7, 8, 10, 12, 13, 15, 18, and 21 unchanged but renumbered, and Items #3, 16, and 17 deleted on October 13, 2020.

Building Association Auction

The Building Association Auction will be held on Saturday, February 3 at 5:00pm in the Marine Room.

Here are just some of the hot items being auctioned off:

1. Seven-day stay in Cabo San Lucas, Mexico.
2. Trip to Tuscany, Italy.
3. Custom-made electric guitar valued at over \$2,500.
4. Wine bus tour for 14, followed by a gourmet Italian meal at the Winters' house.
5. Brewery bus tour for 14 with a barbecue or brisket dinner at the Winters' house afterwards.
6. Brisket dinner for up to 20 people.
7. Seafood boil for 20 people.
8. Prime rib dinner for up to 20 people.



Our Platinum Sponsor, **Integrity Roofing & Construction**, is offering a 30% discount off gutter and roof cleaning to Poulsbo Sons of Norway members.

Our Silver Sponsor, members Mel and Deb Morgan, have donated \$500 to this event. 🇳🇴

SECOND ANNUAL BUILDING ASSOCIATION

AUCTION

SILENT & LIVE

WITH
COMEDIAN
CHRIS
LARSEN

FEBRUARY 03

BRISKET DINNER & COMEDY SHOW

HELP RAISE MUCH NEEDED FUNDS FOR VITAL REPAIRS TO OUR 50 YEAR OLD LODGE. LOTS OF FUN ACTIVITIES INCLUDING SILENT AND LIVE AUCTIONS, COMEDY SHOW, AND DESSERT DASH!

POULSBO SONS OF NORWAY BUILDING ASSOCIATION

TICKETS AT: POULSBOSONSOFNORWAY.COM

\$50

2024 Trollhaugen Ski Race

The 2024 Sons of Norway District 2 Trollhaugen Ski Race will be held on Saturday, February 3, at Trollhaugen on Snoqualmie Pass.

Registration is 8:30-10:00am. The race starts at 10:30.

If you're attending the Building Association Auction and cannot make it to Trollhaugen on Feb 3rd, here is another way to participate!

For the whole month of February, please record how many miles you cross-country ski. This event is open to all ages and experience levels.

Email your mile submissions to District 2 Sports Director Laurie Berg at Laurieberg.lb@gmail.com. Include your full name, age, and the lodge that you are a member of.

The cut-off date for submitting miles is March 15th. Once all miles have been submitted, they will be tallied, and Laurie will disperse participation awards. Results will be printed in the Dynamic 2.

Miles can be tracked for all skiing, not just miles done at Trollhaugen. 🇳🇴



Join us on Friday, February 9 through Sunday, February 11 for a weekend full of chills and thrills for all ages!

The schedule has yet to be finalized, but will include a scavenger hunt on Friday and Saturday, live music each day, whiskey tasting, karaoke, Nordic games, poker run, an art walk on Saturday, glogg competition, and a pancake feed at the Poulsbo Sons of Norway Lodge on Sunday. And don't miss the Viking Valentine's Day bonfire at dusk on Saturday at Waterfront Park.

Events will be held at various locations. The Carlisle II foot ferry will run from Bremerton to Poulsbo all day Saturday.

More information at:

<https://www.historicdowntownpoulsbo.com/special-events> 🇳🇴

A poster for a Mardi Gras dinner. The background is purple and yellow. At the top, it says "Trolls' Den presents". Below that, "MARDI GRAS" is written in large, bold, white letters with a black outline. Underneath, "Dinner" is written in a white cursive font. To the left, there are two Mardi Gras masks, one gold and one purple. Text on the left says "Jambalaya! Corn Maque Choux! King Kake!". Below the masks, it says "Let the Good Times Roll!" in yellow. The date and time are "Friday, February 9th" and "Dinner Begins 6:00 PM". At the bottom, the price "\$17" is written in large yellow letters, followed by a QR code. The website "POULSBOSONSNORWAY.COM" is at the bottom.

A poster for a Viking Pancake Breakfast. The background is blue with white snowflakes. At the top, it says "Frosty Fest Viking". Below that, "Pancake Breakfast" is written in large, bold, white letters. Underneath, the date and time are "February 11th 9-11am" and "PUBLIC WELCOME". In the center, there is an illustration of a stack of pancakes on a plate with a pat of butter and syrup. To the right of the pancakes, the menu items are listed: "Pancakes", "Scrambled Eggs", "Bacon, Sausage", and "Coffee & OJ". At the bottom, it says "Poulsbo Sons of Norway".

Scholarships

Poulsbo Sons of Norway Scholarships are available for Post-Secondary Education and Sons of Norway Heritage Camp. The scholarships will be awarded based on service to the lodge. Details will be announced at the Lodge meeting on February 13 at 7:00pm.

Scholarship applications are on line at:
<https://www.poulsbosonsofnorway.com/scholarships/>

Sons of Norway International Scholarship Applications are now on line at:
<https://www.sofn.com/foundation/scholarships/>

Most 2024 applications are due March 1.

The Leif Erickson Lodge, in Ballard, offers three camp counselor scholarships for college tuition. More information at:
<https://www.leiferiksonlodge.org/scholarships> 🇳🇴

Calling All Artists!

The Lodge will host a **Member Art Show & Auction** at 5:00pm on Saturday, March 23. All members are invited to participate by donating one or more pieces of art.

Art and handicrafts of all kinds are welcome! Donated pieces will be displayed in a gallery-style setting in the Marine Room, and members and guests will be able to bid on each piece in a silent auction.

Donated pieces must be brought to the Lodge no later than Friday, March 8. **For more information, email** poulsbonordicmarket@gmail.com. 🇳🇴



Ink illustration of Alesund, Norway by Plam Petrov



BAKED ZITI
Friday, February 23rd **\$18**

Come to the Troll's Den for an Italian treat! Enjoy delicious Baked Ziti with Italian sausage, Caesar salad, green beans, fresh bread, and Brownies for dessert!

DINNER STARTS AT 6PM. MEMBERS AND GUESTS ONLY

poulsbosonsofnorway.com

New Members



Five people were accepted as members of the Lodge in January — they are (L to R): Rick Putas, Debra Gould, Wade Gore, Rob Thomas and Tonya Thomas

The Kankovskys Awarded “Man and Woman of the Year!”

Congratulations to Scott and Keri! At the Installation Dinner and Meeting on January 9, 2024, they received the prestigious honor of “Man and Woman of the Year.” Friends to all, Scott and Keri are very involved in what we honor, accomplish, and enjoy about this community.

The Maken recently interviewed the high-school sweethearts, married for 37 years with three daughters.

Måken: How do you feel about receiving this recognition?

Scott: Humbled. Dangerously proud. What Paul said about us at the ceremony was very embarrassing, but really flattering, too.

Keri: First off, embarrassed and honored. I didn't hear very much because May was slapping me on the leg and saying, “It's you, it's you!”

Måken: What's the most important aspect of being in the Sons' community?

Scott: The members are just so great. We've met many fantastic people we can't imagine not knowing.

Keri: Yes, the friendships. Friends here have really made our lives richer.

Måken: What does it mean to you to be a Viking?

Scott: The Vikings are about family. As a group and as individuals. Plus, we do a lot of fundraising and support each other.

Keri: For instance, we had a broken pipe that flooded our garage. A bunch of people just dove into help, saying, “How can we help. We've got tools. We'll be right over.” The way family does.

Scott: That comes out in the Vikings but also in the whole Lodge.

Måken: How did you meet?

Keri: It was in high school, Halloween of 1984. I was dressed as a bunny rabbit, and Scott was our principal as a zombie. I didn't really pay attention to him; too busy getting ready to go out with my boyfriend.

Scott: I was more interested in your girlfriend then, but we ran with the same crowd until I graduated, two years ahead of Keri.

Keri: After that I started trying to get Scott to notice me. It took about six months.

Scott: I was kind of stupid. She pursued me, and we finally started dating. It was funny because Keri wanted to keep it casual and I did not. I wanted something more serious, and it finally worked!

Måken: We all think you're an adorable couple!

Keri: We're two halves of the same brain.

Scott: Here's the way I like to describe it. Have you ever seen those bamboo plants grown in a pot, entwined as one? We started out really young together, we shouldn't have stayed married this long, but Keri and I grew up together, all wrapped together like those trees are. They can't stand without the other. 🇳🇴



Lodge President Paul Anunson presents Scott and Keri Kankovsky with the Man & Woman of the Year awards.

From: Scott Kankovsky
To: Volunteers
Subject: Thank you!

I am writing to express my deepest appreciation for your incredible dedication and hard work in making this year's Lutefisk Dinner an outstanding success! Your commitment and enthusiasm truly made a difference, and I am immensely grateful for all each of you did.

From the moment you generously offered your time and skills to help with the preparations, to the last guest leaving with smiles on their faces, your passion and commitment were evident in every aspect of the event. Whether you were in the kitchen, serving guests, setting up the Marine Room, or assisting with logistics, your efforts were instrumental in creating a memorable and enjoyable experience for everyone involved.

Your willingness to go above and beyond, your positive attitude, and your tireless dedication have not gone unnoticed. It is because of volunteers like you that our community is able to come together and celebrate our traditions in such a meaningful way.

I am truly inspired by your generosity and selflessness, and I feel privileged to have had the opportunity to work alongside such incredible individuals. You exemplify the spirit of community and embody the values of the Sons of Norway.

Once again, thank you from the bottom of my heart for all that you have done. Your contributions have made a significant impact, and I am deeply grateful for your support.

Tusen takk,

Scott

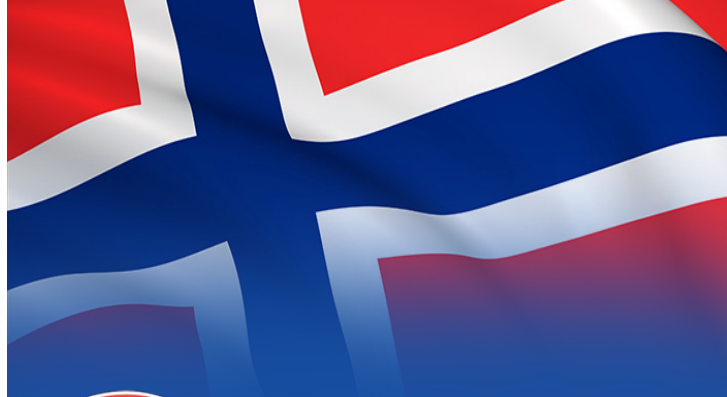
Cocktail Corner



French Martini

- 2 oz vodka
- 1 oz pineapple juice
- 1/2 oz raspberry liqueur
- Splash of sparkling wine
- Frozen raspberry for garnish

Fill shaker with ice and first 3 ingredients. Shake well and strain into martini glass, add a splash of sparkling wine and float a raspberry for garnish.



SONS of NORWAY

MISSION STATEMENT

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

2024 POULSBO LODGE BOARD

President: Paul Anunson
Vice President: Curtis Vincent
Counselor: Rhonda Mitchusson
Social Director: Ashley Singer
Secretary: Jaymie Cizek
Assistant Secretary: Helen Wytko
Auditor 1: Tony Smallbeck
Auditor 2: Amy Swenson
Auditor 3: Laura McDonough
Treasurer: Ingrid Simms
Membership Secretary:
Mary Gerstel
Trustee 1: Tim Larson
Trustee 2: Rob Kodalen
Trustee 3: Laura Rotagard
Marshal 1: Karen Zabinski
Marshal 2: Robynn Collins
Foundation Director:
Joanne Graves
Cultural Director:
Andrew Belschner
Youth Director: Alisha Anunson
Sports Director: Ruby Patterson
Publicity Director: Jason Scott
Editor: Susan O'Meara
Historian: Lorena Maxwell
Musician: Kathy Haug
Greeter 1: May Mathiesen
Greeter 2: Keri Kankovsky

